



THE SCHOOL
OF MARY

'Solid Foundations' Course

Knock, Ireland



INSTRUCTOR :
JEAN KHOURY

- This 8 days course is for those who have found their feet in practising the faith (Sunday Mass, some prayer) but who now want to know 'is there something more ?' and 'how can I draw closer to the Lord ?'

- Practical advice is given on how to listen to Jesus (*Lectio Divina*) and how to be immersed in his love on a daily basis (*Prayer of the Heart*).

- Clear teaching and graphic illustrations.

- Introducing the teaching of some of the greatest Masters: St. Teresa of Avila and St. John of the Cross.

- For greater detail on the Course please visit :
www.schoolofmary.org/solidfoundations

- Venue** Alexian Brothers Community
Churchfield, Knock, Co. Mayo, F12 PK73, Ireland
- Dates** The Course will take place on the following Saturdays, 9.30 am - 5.00 pm :
23rd March, 20th April, 18th May, 21st Sept, 19th Oct, 9th Nov, 7th Dec 2024,
25th Jan 2025
It is possible to follow the Course live from abroad.
- Cost** Course cost: 240 €. The Course is recorded. Full access is offered.
There is a restaurant at the hotel or you can bring a packed lunch.
- Contact** To register or further enquiries please email: schoolofmarylondon@gmail.com
- Tel/Text** +353 87 365 6400 Robert Nugent.
- Website** www.schoolofmary.org