



Second Level Course Starting in Lent 2015

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This Course of 8 Saturdays (48 hours total) addresses the **Second Level** of Spiritual Life, which encompasses the second stage of our spiritual journey of growth: the deep purification, transformation in Christ and new maturity.

The Course explains the necessary teaching regarding a central transition in Spiritual Life: the crossing over of the proficient into a mature spiritual age. The author of the letter to the Hebrews alludes to this teaching when he states: *“There is much more we would like to say about this, but it is difficult to explain”* (He 5:11-14). Saint Paul says that spiritual food is initially *“milk”* and then becomes *“solid food”* (see 1 Cor 3:1-3). The Lord presents to us this deepening state as offered to all: *“I have much more to say to you, more than you can now bear. But when he, the Spirit of truth, comes, he will guide you into all the truth.”* (John 16:12-13).

The course, furthermore, helps us discern what has been achieved so far, and addresses the change in the way God communicates with us in our prayer life: rich food for discernment. We will learn how to understand and how to prepare ourselves to receive the new mode God uses to deal with us to make us become spiritually adult and responsible in our Christian life. We will study the radical purification God wants to bring about in us. As a result, not only will our definition of holiness appear with greater clarity, but so will God's mysterious new ways of dealing with us. Whoever wants to follow this Course is free to do so, but we firmly recommend that the First Level Course be followed first. This Course however is a rare opportunity for the advanced and proficient to find such teaching.

Dates : 14th Feb, 21st Feb, 28th Feb, 14th March, 21st March, 28th March, 11th April & 18th April

Course Topics

- General Advice on Topics Linked with the Previous Course: Generosity. Order. Perseverance. Reading. Spiritual Direction. Belonging to the Church. “Union of will” according to St Teresa of Avila.
- *“When God puts his hand”/“When God intervenes”*: The new stage, its meaning, its parts. *“Human mode, divine mode”* in the soul. Deep purification.
- The Transition. The Gospel First Witness of the Transition. The Transition in the Old Testament.
- The Transition Described by St John of the Cross.
- St Therese of the Child Jesus' Description of the Transition.
- Exponential Growth of our “passion of love” for Jesus.
- “Spiritual Childhood”. “Surrender”. A New Synergy with the Holy Spirit. Role of “Hope” during this stage.
- “Our Lady” in the Dark Night. How do we pray during the Dark Night?
- What is “Contemplation”. God's true Face. Fruits of the Deep Purification: Humility and Obedience.